



National Skill Competition worldskills
INTERNATIONAL VOCATIONAL TRAINING ORGANIZATION

Beauty Services

Test Project



Skills Area: Hair Dressing

National Skills Competition Date: March 30 –31 2005

Skills Jamaica Competition March 30-31, 2005

General Instructions

- (1) Each competitor will be required to carry out the test project as specified on the schedule to be handed out two days before the competition.
- (2) The time will be specified according to the test project.
- (3) Minor adjustments may be made to the test project on the day of the competition where a new test project will be issued to the competitor.
- (4) Competitors are expected to identify all equipment/ materials/ingredients needed and submit list to the competitions committee no later than January 28, 2004.
- (5) Please note that all competitors should provide their own small tools and utensils.**
- (6) Competitors will be given a schedule two days before the competition. Debriefings will also be conducted for all competitors on March 28, 2004.
- (7) All competitors will get an opportunity to arrange work areas the day before the competition. Where applicable competitors for the second day will arrange their work areas on the evening of day one. Competitors who fall in the second shift will get an opportunity to do their preparation at offsite locations (to be decided) where necessary.
- (8) All competitors should be present for the opening ceremony along with their instructors/coaches.
- (9) Rehearsal for the opening ceremony will be held on the evening of March 28, 2005 in the Indoor Sports Centre.

Lady's Hairdressing

Duration 1½ hour

Shampoo condition and set hair

- Hair should be analysed, brush, and scalp manipulated and correct shampoo and Conditioner selected.
- Hair should be detangled from nape area using a wide toothcomb.
- Roller placement should be selected for desired style. Hair that is placed on should be smooth and pins anchored at the base.
- Attention should be given to the comfort of the client while they are under the dryer.
- Finish look will take the form of an up-do.
- Make up must be applied to complement the clients finish style.

Hair cutting

- Pictures will be available for competitors to select from a ballot then it will be executed on a mannequin using a scissor, razors, thinning shears, cutting comb.
- Elevated layers bob with a fringe (bang)
- Inverted diagonal bob
- Short layers in the front section of the head to the crown, then progressing with longer layers in the back section.

Hair Color

Pictures will be selected and placed in a ballot where competitors will select one for execution on a mannequin.

Highlights using – frosting cap, foil, brush, or comb.

High and low lights open client's facial features.

3D colour application, using one complementary color.

Men's Classical Sculptured Cut and Style

Duration 2 ½ hours

The competitors are required to design an appropriate style (hair cut) for the model's head shape, occasion and hair texture. Hair must be texturized beard shave/trim and a mini facial given.

Hair cut

- Faded back only
- Faded back & sides
- One length throughout the head

Texturizing

- Using sodium hydroxide relaxer (mild, regular, super) change the texture models hair for desired look.
- Hair should be neutralized and conditioned
- Add maintenance product for styling

Mini facial

- Model should be draped appropriately for this service
- Cleanse, hot towel, mask, tone/splash and moisturized

Test A

Shampoo condition and set

- Each competitor will analyse the client's hair and document findings before commencing task. Consideration must be given to hair texture, life style, body frame and desired look and for correct product selection.
- Shampoo manipulation should be smooth and even. No soap curd or suds should be visible on completion.
- Hair should be saturated with conditioner and detangled using a wide toothcomb starting from the nape. Hair should be placed on base with pins anchored at the base.
- Client's comfort must be attended to while drying.
- When drying time is completed rollers should be removed, hair brushed scalp massage before styling.
- Up do hairstyle should be performed within time allotted by the judges. Ornaments can be attached to enhance the completed style. No pins should be visible in the finish look, if back combing techniques is used the completed look should not show any separation but a smooth molding should be present.
- Make up – foundation applications should complement client's skin tone. Apply powder for a matt finish. Eye check and lip colours should complement the finish.

Test B

Duration

- Hair must be saturated with color using your choice of techniques. The choice of color must complement the effect you have selected.
- Application method selected must be the appropriate method to achieve the desired result.
- Cleanup - workstation must be kept neat and free from color. Correct application utensil visible on station and used appropriately.
- Avoid strain marks on facial area.

Test C

Hair cut

- The cuts will be placed in a ballot and one selected by the competitor.
- The tools (scissors, razor, thinning shears) must be handled correctly. When using scissors and thinning shears the ring finger and thumb should be in the range grip. For the razor, the thumb and index finger is positioned at the pivot point, with similar (pinky) finger on finger rest.
- Angles – the use of 90 and 45 degree angles with vertical, diagonal lines must be evident.
- Competitors standing position, dexterity with the scissors and comb must be practiced throughout the hair cut.
- Cut must be completed within the specified time (45 minutes)
- Hair must be kept moist throughout the entire hair cut.