



National Skill Competition



Apparel and Production

Test Project



Skill Area: Gown and Evening Wear

National Skills Competition Date: March 30 and 31, 2005

Skills Jamaica Competition March 30-31, 2005

General Instructions

- (1) Each competitor will be required to carry out the test project as specified on the schedule to be handed out two days before the competition.
- (2) The time will be specified according to the test project.
- (3) Minor adjustments may be made to the test project on the day of the competition where a new test project will be issued to the competitor.
- (4) Competitors are expected to identify all equipment/ materials/ingredients needed and submit list to the competitions committee no later than January 28, 2004.**
- (5) Please note that all competitors should provide their own small tools and utensils.**
- (6) Competitors will be given a schedule two days before the competition. Debriefings will also be conducted for all competitors on March 28, 2004.
- (7) All competitors will get an opportunity to arrange work areas the day before the competition. Where applicable competitors for the second day will arrange their work areas on the evening of day one. Competitors who fall in the second shift will get an opportunity to do their preparation at offsite locations (to be decided) where necessary.
- (8) All competitors should be present for the opening ceremony along with their instructors/coaches.
- (9) Rehearsal for the opening ceremony will be held on the evening of March 28,2005 in the Indoor Sports Centre.

**HEART Trust/NTA
NATIONAL SKILLS COMPETITION 2005
GOWNS AND EVENING WEAR**

GENERAL INSTRUCTIONS

Time: 12 hours

1. Using the pattern given, cut and make up the two-piece garment shown on **Front Cover**.
2. The seams, hems and other allowances are included in the pattern.
3. The garment should be appropriately displayed

General Description

1. The ballroom skirt is fully lined with an invisible zipper at the Centre Back.
2. The Channel jacket is **fully** lined at **front** and **sleeves** & *partially* lined at *back*.
The opening has one button and a bound button hole.
3. All seams and edges are appropriately finished.

Number of pattern pieces

Skirt

- 6 pieces

Jacket

- 5 pieces

Fabric

- **Skirt** is Organza with silk lining
- **Jacket** is Double layer chiffon with silk lining

MATERIAL REQUIRED PER CANDIDATE

Skirt

- Organza 4m
- Silk lining 5m
- Zipper 1 – 8" invisible
- Thread
- Sheer 1m

Jacket

- Double layer chiffon 3m
- Hymo 24"
- Shoulder pad 1 pair
- Button 1 – diameter 28mm

Equipment list

- Sewing machine
- Cutting table
- Machine needle
- Zipper foot invisible
- Buttonhole machine
- Tape measure
- Cutting shear
- Dress form
- Iron
- Ironing board
- Press cloth
- Thimble
- Common pins
- Needle threaded
- Trimming scissors

INSTRUCTIONS FOR ASSEMBLING GARMENTS

DAY ONE

JACKET

- | | |
|----------------|-------------------------------------|
| STEP 1 | Lay and cut |
| STEP 2 | Stay stitch garment pieces |
| STEP 3 | |
| A | Join shoulder of lining |
| B | Join shoulder of fashion fabric |
| STEP 4 | Pipe neck and front |
| STEP 5 | Make button hole |
| STEP 6 | Close sides |
| STEP 7 | Join facing and lining |
| STEP 8 | Join lining to fashion fabric |
| STEP 9 | Make and apply sleeve, pad and stay |
| STEP 10 | Finish hem |
| STEP 11 | Attach button |
| STEP 12 | Display appropriately |

DAY TWO

SKIRT

- STEP 1** Lay and cut
- STEP 2** Stay stitch garment pieces
- STEP 3** Baste lining to fashion fabric as appropriate
- STEP 4** Finish center back seam
- STEP 5** Apply invisible zipper
- STEP 6** Make center back seam
- STEP 7** Join and finish side seam
- STEP 8** Make and apply waistband
- STEP 9** Finish waistband
- STEP 10** Apply fastener to waistband
- STEP 11** Hem appropriately
- STEP 12** Display appropriately